



Special Facilities

Abbreviated Descriptions

Nursing Facilities

- State law requires that all nursing facilities obtain a license to provide health care services. There are more than 265 nursing facilities containing 33,965 beds located throughout Virginia. Nursing facilities are inspected every 2 years under state licensure and on an average of every 12 months under Medicare/Medicaid certification.
- "Certified nursing facility" - Any skilled nursing facility, skilled care facility, intermediate care facility, nursing or nursing care facility, or nursing home, whether freestanding or a portion of a freestanding medical care facility, that is certified as a Medicare or Medicaid provider, or both, pursuant to § 32.1-137.
- "Nursing home" - Any facility or any identifiable component of any facility licensed pursuant to this article in which the primary function is the provision, on a continuing basis, of nursing services and health-related services for the treatment and inpatient care of two or more nonrelated individuals, including facilities known by varying nomenclature or designation such as convalescent homes, skilled nursing facilities or skilled care facilities, intermediate care facilities, extended care facilities and nursing or nursing care facilities.

Assisted Living Facility (ALF)

- “Licensed Assisted Living Facility” - A non-medical residential setting that provides or coordinates personal and health care services, 24-hour supervision, and assistance for the care of **four** or more adults who are aged, infirm or disabled.
 - Care needs of residents:
 - **Ambulatory**: Residents are physically and mentally capable of self-preservation without the assistance of another person
 - **Non-ambulatory**: Residents who by reason of physical or mental impairment are not capable of self-preservation without the assistance of another person
 - Licensure Types
 - **Residential Only**: Adults who require only minimal assistance with activities of daily living (ADLs)
 - **Residential and Assisted Living Care**: Adults who require assistance with at least 2 ADLs
 - Special Care Units:
 - A self-contained safe, secure environment for individuals with serious cognitive impairments due to a primary psychiatric diagnosis of dementia who cannot recognize danger or protect their own safety and welfare.



Adult Day Care Centers (ADCC)

- “Licensed Adult Day Care Center” - A non-residential facility that provides a variety of health, social and related support services in a protective setting during part of the day to **four** or more aged, infirm or disabled adults who reside elsewhere.
 - Care needs of residents:
 - **Ambulatory:** Residents are physically and mentally capable of self-preservation without the assistance of another person
 - **Non-ambulatory:** Residents who by reason of physical or mental impairment are not capable of self-preservation without the assistance of another person
 - **Special Care Units:** A self-contained safe, secure environment for individuals with serious cognitive impairments due to a primary psychiatric diagnosis of dementia who cannot recognize danger or protect their own safety and welfare.



Children's Residential Facility (CRF)

- “Licensed Children’s Residential Facility” - any facility, child caring institution, or group home that is maintained for the purpose of receiving children separated from their parents or guardians for full-time care, maintenance, protection and guidance, or for the purpose of providing independent living services to persons between 18 and 21 years of age who are in the process of transitioning out of foster care.
 - Does not include boarding schools, summer camps, and hospitals.
 - Care needs of residents:
 - **Ambulatory:** Residents are physically and mentally capable of self-preservation without the assistance of another person
 - **Non-ambulatory:** Infant and toddler residents who by reason age are not capable of self-preservation without the assistance of another person



Children's Group Homes

- 122 Group Homes located largely in single-family neighborhoods.
- Serve adolescents with emotional disturbance, mental retardation (also known as intellectual disabilities), autism, and substance abuse disorders.
- House 8 children or less.
- Twenty-four hour staffing.
- Residents come from locality and all over the state.

Child Day Centers (CDC)

- “Licensed Child Day Center” - a child day program offered to (i) two or more children under the age of 13 in a facility that is not the residence of the provider or of any of the children in care or (ii) 13 or more children at any location. CDCs are required to be licensed, unless they meet an ...
 - Exemptions to Licensure
 - Religious institutions
 - Facility operated by a local government
 - “Come and Go”
 - Care needs of clients:
 - Children who need constant supervision and direction
 - Some children may be medically fragile
 - Some children may be non-ambulatory

Adult Group Homes

- Licensed Adult Group Homes
- 833 Group homes located largely in single-family neighborhoods.
- Predominantly serve individuals with mental retardation. Some may have physical disability.
- Average size is 5 residents, range from one resident to eight residents.
- Twenty-four hours staffing.
- Residents from locality and all over the state.

Psychiatric Residential Treatment Facilities

- Approximately 25 facilities throughout the state. Examples: the Pines, Poplar Springs, Hallmark, Keystone, Whisper Ridge, North Spring, Graydon Manor.
- Population ranges from 16 to over 100 adolescents.
- House adolescents with the most serious emotional disorders; i.e., serious mental illness, sexual aggression, conduct disorders.
- Most of these facilities have well developed disaster plans.
- Resident may be from all over the state and out-of-state.

Intermediate Care Facilities for the Mentally Retarded (ICF-MR)

- Intermediate Care Facilities for the Mentally Retarded (ICF-MR)
- Serve individuals with the most severe mental retardation and concurrent physical disabilities.
- Two facilities: St Mary's Home for Disabled Children in Norfolk and Holiday House in Portsmouth.
- These house 86 and 28 residents respectively.
- Residents from nearby localities and all over state.